daily i behold our shattered world our culture's splintered mirror shards the city's sharp and broken edge

daily i take the trail that leads up to the hills above the town and there i walk, with Kobe who

goes with me everywhere, until we are among the hills and see the city vanish—finding ease

in evolution of the light in evolution of the flowers

and when i'm there, i see again i am walking on the sun the sunlight on us is the sun

relating to itself and when the other hillside gets the light it's returning to our common home

sun to sun, and earth to earth—
then I turn and see the city anew:
a hair's breadth on the clock of time

i go back to the resilience of children and the clarity of a human body's urgent needs

physiology makes sense birth and death make sense

it's society that makes no sense so all i can do today is smile: i am a nurse but i have no answer

> i am letting myself be free i am letting earth take care of me

> > the earth's okay the earth's okay the earth's okay

"Earth will keep you tight within her arms, my dear,

so that tomorrow you will be reborn as flowers" -- Thich Nhat Hanh